



Menu Planning Worksheet for Children

Small Wonders Child Care - Menu #2

No. 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Croissants Ham Banana Milk	Cheerios Honey cereal Milk Peaches Milk	English Muffins Butter Mandarins Milk	Pancakes Syrup Fruit cocktail Milk	Bagels Cream Cheese Peaches Milk
Lunch	Pea with beef soup White Rice Coleslaw Pear Milk	Macaronis & Cheese Ham Mixed Vegetables Fruit Cocktail Milk	Minestrone Soup with Vegetables Ham Sandwich Mandarins Milk	Cup Beef and Rice Casserole Sliced Tomatoes Pineapple Milk	Pizza w/Cheese Ham Mixed Vegetables Peaches Milk
Snack	Crackers Milk	Cheese Crackers Mandarins Apple Juice	Lucky Charms cereal Milk	Round Butter Crackers Apple Juice	Yogurt strawberry Fruit Cocktail Milk